



An 18<sup>th</sup> Century Shift

## MATERIALS REQUIRED

3 yards cotton or linen fabric,  
27" or 36" wide

1/16 yards finer fabric for  
neck ruffle, 36" wide

2 yards 3/8" wide tape

2 yards 1/8" wide tape

2/3 yard 1" wide tape

cotton or linen sewing thread

## ORDER OF ASSEMBLY

1. Attach gores
2. Sew shoulder seam
3. Cut out neck opening
4. Finish neck opening
  - a. drawstring casing
  - b. ruffle
5. hem side of shoulder
6. Make sleeve
  - a. Hem edge
  - b. drawstring casing
  - c. gather
  - d. encase gathers in tape
7. Attach sleeve
8. Sew sleeve seams
9. Sew side seams
10. Insert gusset in underarm
11. Hem lower edge of body

